

### Intended use and indication

Our walking sticks are designed for people with light mobility impairment with impairment to movements, compromised balance with sufficiently intact walking ability and impaired coordination. They are used to maintain, promote and stabilise walking or to partially relieve the strain on the lower limbs. The walking sticks can be used both indoors and outdoors. It is imperative that the safety instructions are also observed!

### Contraindication

The use of walking sticks is unsuitable if there is a loss of limb in both arms or joint contractures/joint damage in both arms.

### General safety information

Do not hang any bags, pouches or other objects on the walking stick! The walking stick may under **no circumstances be used for any other purpose than that for which it is intended**, e.g. for lifting or moving objects or as a tool for switching light switches or pressing buttons on lifts! It is essential that the ground has a good grip to ensure a secure hold of the walking stick! Avoid wet floors or surfaces such as gravel, sand, foliage, ice or snow! **Pay attention to stumbling points** such as unevenness, holes in the floor, loose floor coverings or edges, because the walking stick can unexpectedly slip away or sink in! Extra caution is recommended when lighting conditions are insufficient, since irregularities in the ground can then only be seen with difficulty!

### Adjusting the walking stick

**Warning!** Please contact your specialist dealer to ensure proper functional and ergonomic adjustment! Incorrectly adjusted walking sticks may restrict the functionality of the walking stick or lead to overloading or incorrect loading of the patient! The walking stick is handed over to you as a patient in a proper condition, whereby it is individually adjusted to your body by your specialist dealer or health care specialist. If you have any doubts as to whether this is the case, please contact the responsible specialist personnel. The walking stick can only offer you the relief you desire if it is optimally adapted to your body size.

### Adjust length

Stand upright with your everyday street shoes and let your arms hang down loosely stretched and very slightly bent. Make sure that your shoulders are always straight in relation to each other and not at an angle while using the walking stick! Place the walking stick with the grip on the floor and measure the length from the carpus/wrist to the floor or mark the desired position with an easily removable pencil. Then shorten the walking stick at the level of the wrist knuckle.

### Use

There are many different ways to use the walking sticks and it all depends on the individual restrictions of the walking ability. Seek instruction in the use of the walking stick from your specialist dealer or health care specialist! Walking sticks must not be used in water. Avoid prolonged contact of the walking stick with moisture. The walking stick must be dried appropriately when it comes into contact with water. The correct handling of the walking stick takes some practice. We therefore recommend getting additional support from an assistant at the beginning. Always use the walking stick on the side opposite the injured leg or the leg that needs to be protected! Guide the walking stick close to the body, not at an angle facing outwards! You might fall otherwise! During use, grasp the handle of the walking stick completely and firmly with your hand! Always place the walking stick as straight as possible on the ground so that you do not slip away! Find chairs with armrests to sit on. You will then be able to support yourself on the armrests when standing up! Wear shoes that are as comfortable as possible with flat soles so that your leg can better withstand additional strain! **If you do fall:** If possible, let the walking stick fall to the side so that you do not fall onto it! Have someone accompany and support you if possible, so that they can catch you if you fall! Try and arrange for qualified personnel to instruct you in climbing stairs with a walking stick! When climbing stairs with a walking stick, it is important to hold on to the railing using your free hand! When climbing stairs with two walking sticks, hold both walking sticks together in one hand and make sure to hold on to the railing firmly using your free hand!

### Precautionary measure

Using a walking stick places an unusual amount of strain on individual parts of the body! This may result in the following undesirable side effects: The hands may encounter pressure or chafing! Keep in mind that this can lead to pain and overexertion at the beginning or during prolonged exertion! It is important to take sufficient breaks!

### Storage and care

Never store the walking sticks in the vicinity of heat sources such as furnaces, heaters or in places susceptible to heat in a car! Do not expose walking sticks to sunlight for prolonged periods of time! Protect your walking sticks from toppling over and from damage to the lacquer (e.g. by using straps or holders). **The rubber buffer is a wearing part and must be replaced at regular intervals.** Walking sticks must only be used again after an extended period of non-use following prior inspection by qualified personnel!

**Warning!** Never clean the handle and rubber cap using oily substances! There is a risk of slipping! In the event of contamination, clean the walking stick using a mild cleaning agent and a soft cloth where necessary. Never use cleaners containing solvents, since these will damage the lacquer! **Note:** Should disinfection be required, then a suitable disinfectant agent should be used. Please follow the manufacturer's instructions for use.

### Limitation of use

The walking stick must only be subjected to loads in accordance with the manufacturer's instructions. **Observe the maximum permissible body weight that is specified on the product!** Please contact your specialist dealer in the case of greater loads or in case of any doubts. A bent or damaged walking stick must not be used under any circumstances, since it can no longer offer the necessary stability! A bent walking stick must also not be straightened because of the risk of breakage! **Note:** All serious incidents that occur in connection with the product must be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is located.

### Re-use (rental) / duration of use

We shall only accept liability pursuant to the Product Liability Act for the initial placing of our products on the market. We only consent to reuse if we have first inspected the product. **The service life of the walking stick is limited to 2 years.** The user shall be responsible for the continued use of the walking stick after this time.

### Warranty and liability

You have purchased a high-quality Igor Vlk product. In the event of a justified material defect in spite of the highest quality standards, Vlk-súkromná firma reserves the right, as part of a 12-month warranty, to either repair the defective item or replace it with a defect-free follow-up delivery, at its own discretion. Please note that stricter legal regulations are applicable to our finished products, in particular custom-made products. We shall not be liable for any damage caused by modifications to our products. The warranty does not cover defects attributable to wear and tear or improper handling. Wear parts are excluded from the warranty. Only original replacement parts and accessories must be used! Please contact your specialist dealer for replacement parts, accessories and repairs.

### Disposal

Please consult your specialist dealer about the regional disposal regulations.

### Technical data

Item number	Length	Diameter of the walking stick	Max. Body weight
Derby Bambus	96 cm	18 - 20 mm (tapered)	100 kg
Derby braun	96 cm	18 - 20 mm (tapered)	100 kg
Derby hell	96 cm	18 - 20 mm (tapered)	100 kg
Derby schwarz	96 cm	18 - 20 mm (tapered)	100 kg
Derby weiss	96 cm	18 - 20 mm (tapered)	100 kg
Fritz braun	96 cm	18 - 20 mm (tapered)	100 kg
Fritz hell	96 cm	18 - 20 mm (tapered)	100 kg
Fritz schwarz	96 cm	18 - 20 mm (tapered)	100 kg
Fritz weiss	96 cm	18 - 20 mm (tapered)	100 kg



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