

Intended use and indication

Our axillary crutches are designed for people with limited walking ability as well as hand-arm function limitations and are used for gait safety. The application of the axillary crutches can take place indoors and outdoors. **It is imperative that the safety instructions are also observed!**

Contraindication

The use of axillary crutches is unsuitable if there is a loss of limb in both arms or joint contractures/joint damage in both arms.

General product informations

Our axillary crutches are characterized by the following features:

- High load capacity
- Armpit support made of beech wood
- Armpit pads made of PPR
- They are individually adjustable in height and thus adaptable to almost any body size

General safety information

Do not hang any bags, pouches or other objects on the axillary crutch! The axillary crutch may under **no circumstances be used for any other purpose than that for which it is intended**, e.g. for lifting or moving objects or as a tool for switching light switches or pressing buttons on lifts! It is essential that the ground has a good grip to ensure a secure hold of the axillary crutch! Avoid wet floors or surfaces such as gravel, sand, foliage, ice or snow! **Pay attention to stumbling points** such as unevenness, holes in the floor, loose floor coverings or edges, because the axillary crutch can unexpectedly slip away or sink in! Extra caution is recommended when lighting conditions are insufficient, since irregularities in the ground can then only be seen with difficulty! Before each use, check that all screw connections are tight!

You need walking aids because your usual mobility is restricted. Although the axillary crutch helps you in this situation, your basic mobility still remains restricted! Keep this circumstance constantly in mind and take special care when using the walking aids!

Adjusting the axillary crutch

Warning! Please contact your specialist dealer to ensure proper functional and ergonomic adjustment! Incorrectly adjusted axillary crutches may restrict the functionality of the axillary crutch or lead to overloading or incorrect loading of the patient! The axillary crutch is handed over to you as a patient in a proper condition, whereby it is individually adjusted to your body by your specialist dealer or health care specialist. If you have any doubts as to whether this is the case, please contact the responsible specialist personnel. The axillary crutch can only offer you the relief you desire if it is optimally adapted to your body size.

Adjust armpit height

Loosen the 2 wing nuts and pull out the threaded bolts. Adjust the length of the axillary crutch to your body size by moving the lower part to the desired axillary height (observe the drilling grid). Push threaded bolts through and tighten wing nuts again. After each adjustment, check the correct locking by trying to twist or move the axillary crutch!

Adjust grip height

Loosen the wing nuts and pull out the cotter pin. Adjust the distance between the underarm pad and the hand holder to your body size by moving the grip to the desired height. Make sure that the holes are overlapped. Push the cotter pin through and tighten the wing nut again.

Use

The use of the axillary crutches can be very different and depends on the individual limitations of the walking ability. Have your specialist dealer or nurse instruct you in the use of the axillary crutches! Axillary crutches must not be used in water. Permanent contact of the walking aids with moisture must be avoided. In case of moisture, the axillary crutches are to be dried accordingly. The correct handling of the crutches needs some practice. We therefore recommend that you have an assistant provide additional support at the beginning. We recommend the use in pairs for support on both sides! Nevertheless, use only one crutch, then always on the side opposite the injured leg or the leg to be protected! Guide the axillary crutches close to the body, not diagonally outwards! You could otherwise fall! Grasp the grip(s) of the axillary crutch(es) completely and firmly with your hand when using them! Always place the axillary crutches as straight as possible on the floor so that you do not slip away! Find chairs with armrests to sit on. You can then support yourself on the armrests when standing up! Wear shoes that are as comfortable as possible and have flat heels so that your leg can better cope with additional strain! **If you do fall!** If possible, drop the crutches to the side so that you do not fall onto the axillary crutch! If possible, have an assistant accompany and support you so that they can catch you if you fall! If possible, have qualified personnel instruct you in climbing stairs with axillary crutches! When climbing stairs with only one crutch, please be sure to hold on to the railing with your free hand! When climbing stairs and using two axillary crutches, take both walking aids together in one hand and please be sure to hold on to the railing with your free hand!

Precautionary measure

The use of an axillary crutch results in an unusually strong load for individual parts of the body! This can lead to the following undesirable side effects: Pressure or chafing points may occur on the hands, arm or clothing! If you use two walking aids, carry the whole body weight with the hands and the shoulders! Note that this can lead to pain and overexertion at the beginning or with longer load! Take sufficient breaks!

Storage and care

Never store the axillary crutches in the vicinity of heat sources such as furnaces, heaters or in places susceptible to heat in a car! Do not expose axillary crutches to sunlight for prolonged periods of time! Protect your axillary crutches from toppling over and from damage to the lacquer (e.g. by using straps or holders). **The rubber buffer is a wearing part and must be replaced at regular intervals.** Axillary crutches must only be used again after an extended period of non-use following prior inspection by qualified personnel!

Warning! Never clean the handle and rubber cap using oily substances! There is a risk of slipping! In the event of contamination, clean the axillary crutch using a mild cleaning agent and a soft cloth where necessary. **Never** use cleaners containing solvents, since these will damage the lacquer! **Note:** Should disinfection be required, then a suitable disinfectant agent should be used. Please follow the manufacturer's instructions for use.

Limitation of use

The axillary crutch must only be subjected to loads in accordance with the manufacturer's instructions. **Observe the maximum permissible body weight that is specified on the product!** Please contact your specialist dealer in the case of greater loads or in case of any doubts. A bent or damaged axillary crutch must not be used under any circumstances, since it can no longer offer the necessary stability! A bent axillary crutch must also not be straightened because of the risk of breakage! **Note:** All serious incidents that occur in connection with the product must be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is located.

Re-use (rental) / duration of use

We shall only accept liability pursuant to the Product Liability Act for the initial placing of our products on the market. We only consent to reuse if we have first inspected the product. **The service life of the axillary crutch is limited to 2 years.** The user shall be responsible for the continued use of the axillary crutch after this time.

Warranty and liability

You have purchased a high-quality Igor Vlk product. In the event of a justified material defect in spite of the highest quality standards, Vlk-súkromná firma reserves the right, as part of a 12-month warranty, to either repair the defective item or replace it with a defect-free follow-up delivery, at its own discretion. Please note that stricter legal regulations are applicable to our finished products, in particular custom-made products. We shall not be liable for any damage caused by modifications to our products. The warranty does not cover defects attributable to wear and tear or improper handling. Wear parts are excluded from the warranty. Only original replacement parts and accessories must be used! Please contact your specialist dealer for replacement parts, accessories and repairs.

Disposal

Please consult your specialist dealer about the regional disposal regulations.

Technical data

| Item number | 15K | 15M | 15G |
|--|------------------------------------|------------------------------------|------------------------------------|
| Name | Axillary crutch made of beech wood | Axillary crutch made of beech wood | Axillary crutch made of beech wood |
| Armpit height | 110 – 135 cm | 122 – 141 cm | 132 – 151 cm |
| Grip height (upper edge of grip to upper edge of axillary crutch) | 39 – 49 cm | 42 – 52 cm | 50 – 60 cm |
| Grip length | 115 mm | 115 mm | 115 mm |
| Armpit support width | 200 x 45 mm | 200 x 45 mm | 200 x 45 mm |
| Adjustable in lower part | 6-times with wing nut | 6-times with wing nut | 6-times with wing nut |
| Adjustable in grip | 5-times | 5-times | 5-times |
| Weight | 900 g | 1000 g | 1100 g |
| Inner diameter rubber capsule | 20 mm | 20 mm | 20 mm |
| Max. Body weight | 150 kg | 150 kg | 150 kg |



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